

FWCS Nutrition Services

Monday	Tuesday	Wednesday	Thursday	Friday
			Apr - 1 Deli Sandwich Hard Boiled Egg Carrot Coins Applesauce Condiments Milk	Apr - 2 NO SCHOOL TODAY
Apr - 5 Grilled Cheese Sandwich* California Veggies Sweet Cherries Milk	Apr - 6 Hoagie on a Bun Potato Salad Chilled Pears Condiments Milk	Apr - 7 BBQ Rib Sandwich^ Baked Beans Strawberries Condiments Milk	Apr - 8 Crispy Fish Nuggets Corn Fruit Cocktail Tartar Sauce Milk	Apr - 9 Sloppy Joe on Bun Green Beans Chilled Peaches Condiments Milk
Apr - 12 Galaxy Cheese Pizza* Carrot Coins Applesauce Milk	Apr - 13 Black Bean Dip* Shredded Cheddar Cheese Tortilla Chips California Veggies Sweet Blueberries Condiments Milk	Apr - 14 Chicken Nuggets Dinner Roll Steamed Broccoli Sweet Cherries Margarine Milk	Apr - 15 Cheeseburger Steak Whipped Potatoes Chilled Peaches Garlic Breadstick Margarine Milk	Apr - 16 Cheese Omelet* Whole Grain Pancakes Crispy Potatoes Spiced Apples Syrup Condiments Milk
Apr - 19 Beef Hamburger Potato Wedges Sweet Strawberries Condiments Milk	Apr - 20 Beef & Cheese Taco Snack Refried Beans Peach Cup Condiments Milk	Apr - 21 Italian Spaghetti Green Beans Mandarin Oranges Dinner Roll Margarine Milk	Apr - 22 Zesty Orange Chicken Vegetable Fried Rice Carrot Coins Applesauce Soy Sauce Milk	Apr - 23 Mexican Cheese Sauce* Breadsticks Cottage Cheese Steamed Broccoli Fruit Cocktail Milk
Apr - 26 Chicken Tenders Potato Wedges Chilled Peaches Condiments Milk	Apr - 27 Cheese Lasagna* Peas Sweet Blueberries Dinner Roll Margarine Milk	Apr - 28 Philly Steak & Cheese Pinwheel Sandwich Carrot Coins Applesauce Milk	Apr - 29 Teriyaki Beef Steamed Rice Steamed Broccoli Strawberries Soy Sauce Blueberry Muffin Milk	Apr - 30 Galaxy Pepperoni Pizza Green Beans Fruit Cocktail Milk

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.